

Tamarind

This powerful sweet-tart flavor is 100% free of the seeds and strings that characterize this pod fruit. It is blended so silky smooth that even your finest sauces won't require straining.



Product Specifics

Ingredient List: Tamarind, Water

Pack Size: 6/30 oz. wide mouthed HDPE jars per case.
Each jar attaches to a standard bar pour spout.

Brix: 20.0 - 23.0 / **PH:** 2.0 - 3.3

Kosher: (U)

Conversion: 1- 30 oz. = 0.85 kg Net wt.
1-6/30 oz. case = 5.1 kg Net wt.
Approx. fl. oz. per jar = 26 fl. oz.

Handling: Keep frozen. Product good for 7-10 days thawed and refrigerated at 40° F and up to 24 months frozen from manufactured date.

Complimentary Flavors: Richly-flavored berries, stone fruit and citrus, such as raspberry, blackberry, apricot, and blood orange

Flavor Alternatives: Other high acid flavors like *Passion Fruit Concentrate*, *Blood Orange Concentrate*, *Meyer Lemon Concentrate*, and *Key Lime Concentrate*

Nutrition Facts

About 13 servings per container
Serving size 1/4 cup (64g)

Amount per serving
Calories 50

% Daily Value*

Total Fat 0g 0%

Sodium 80mg 3%

Total Carbohydrate 13g 5%

Dietary Fiber 2g 7%

Total Sugars 9g

Protein 0g

Potassium 170mg 4%

Not a significant source of saturated fat, trans fat, cholesterol, added sugars, vitamin D, calcium and iron.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Interesting...

Tamarind, also known as “Indian Date” is the secret ingredient in Worcestershire Sauce and an indispensable spice in Indian kitchens. Interestingly enough, it is a distant cousin of the string bean and a member of the pea family. The fruit is flat, bean-like and in irregular cured pods that vary in length from 2-7 inches long and are about an inch wide. The pulp has a high concentration of tartaric acid, fructose, and pectin.

Classic & Contemporary Uses

Chutneys, sweets, beverages and sorbets/ices, Indian cuisine, and as a background flavor in savory sauces

Grilled Lemongrass Chicken with Tamarind Peanut Sauce

Yield: 8 servings

For the Chicken

- 2 chicken breasts
- 1 stalk lemongrass, finely minced
- 2 Kaffir lime leaves, finely minced
- 1 clove garlic, finely minced
- 1 tbsp. oil
- Salt and white pepper

For the Tamarind Peanut Sauce

- 1 tbsp. The Perfect Purée Ginger Puree, thawed
- 1/2 cup The Perfect Purée Tamarind Puree, thawed
- 1/2 cup The Perfect Purée Coconut Puree, thawed
- 1/2 cup peanut butter
- 2 tbsp. onion, finely diced
- Lime juice

Method:

1. Cut the chicken breasts into long strips the length of the breast and 1/4" thick.
2. Rub the aromatics into the chicken and then thread the strips onto a skewer.
3. Set aside to marinate.
4. Prepare the sauce by sweating the onions in a little oil. Add the Ginger puree, peanut butter, Tamarind and Coconut puree. Bring to a simmer. Adjust the seasoning with lime juice and salt and pepper.
5. Grill the chicken breasts over a hot fire and serve with the peanut sauce.

Tamarind Shrimp

Yield: Approximately 90 shrimp

- 15 oz. The Perfect Purée Tamarind Puree, thawed
- 5 canned chipotle peppers
- 2 onions, quartered and grilled
- 17 cloves roasted garlic
- 5 Roma tomatoes, grilled
- 5 tsp. salt
- 2 1/2 oz. lime juice
- 1/2 cup chopped cilantro
- 5 lbs 16/20 headless white gulf shrimp, peeled and deveined

Method:

1. Combine all of the ingredients except shrimp in a food processor fitted with a metal blade. Process to the desired consistency and refrigerate marinade until ready to use.
2. Marinate shrimp for up to 45 minutes.
3. Grill the shrimp over charcoal and serve immediately.

Tamarind Barbecue Sauce

Yield: 18 oz.

- 1 tbsp. The Perfect Purée Ginger Puree, thawed
- 4 oz. The Perfect Purée Tamarind Puree, thawed
- 1 oz. peanut oil
- 3 large shallots, minced
- 3 cloves garlic, minced
- 2 tsp. hot chili paste
- 1 tsp. coriander seed, finely ground
- 1/2 tsp. anise seed, finely ground
- 12 oz. prepared hoisin sauce
- 1 tsp. minced lime zest
- 2 tbsp. honey
- 3 oz. dark soy sauce, or to taste

Method:

1. Heat a 2 qt. saucepan over a medium-high burner. When the pan is hot, add the peanut oil. Add the shallot and garlic, chili paste, coriander, anise seed and Ginger puree. Sauté for 1 minute, stirring constantly.
2. Add the remaining ingredients and bring the pot to a simmer. Reduce the heat and cook at a bare simmer for 10 minutes, or until slightly thickened. Adjust the seasoning with salt or additional soy and honey.
3. Cool the sauce to room temperature, then refrigerate in a tightly covered container until use.

Serving Suggestion:

This sauce is best brushed over grilled or roasted pork and fowl during the last few minutes of cooking. Serve with additional sauce as a condiment.

Tamarind Sorbet

Yield: 32 oz.

- 12 oz. The Perfect Purée Tamarind Puree, thawed
- 6 oz. water
- 14 oz. simple syrup

Method:

1. Combine ingredients and whisk thoroughly to combine.
2. Freeze in a sorbet maker according to manufacturer's instructions